

Parelli Horsenality Types

The Parelli Natural Horsemanship journey starts with understanding the basic nature of your horse. Horses are prey animals, hunted in nature. Safety is their primary concern and fear is their primary reaction. They are herd animals who look to their “alpha” for leadership. Understanding even these basics can transform your frustration with a horse as you learn to step into his shoes and see the world from his point of view as well as become his trusted leader.

The next step in the journey to understanding your horse is to determine his or her individual personality type. “Horsenality” is the term that Pat Parelli coined to refer to his system of understanding horses through their basic personality types. A combination of the words “horse” and “personality,” Horsenality™ is a convenient way to talk about horse psychology in the Parelli Natural Horsemanship method of horse training.

You can learn more about using your horse's personality in horse training with the Parelli Horsenality Success Series DVD, available in the Parelli webstore. You can also determine your horse's personality through our instant, digital Horsenality report.

Right-Brain Introvert

This shy, timid, shrinking violet avoids pressure by retreating into himself. Success involves going very slowly at first and waiting for him to come out of his shell, to trust more. Pretty soon he'll be offering you more.

RIGHT-BRAIN EXTROVERT

This horse constantly needs reassurance. He gets confused easily and then gets afraid, so he needs you to make things simple, which will help him relax; especially since that is not something that comes easily for him around humans.

Left-Brain Introvert

Welcome to the land of “Why should I? What’s in it for me?” This horse reads people like a book. He knows what you want and he’s not going to give it to you, unless you treat him right. Even though he appears stubborn or lazy, he’s not at all lazy in the mind! Reverse psychology is where it’s at, oh... and treats!

Left-Brain Extrovert

This horse is a playful character that needs interesting things to do. He is obsessed with learning and needs variety and new things to keep it fun.